



Out of this world savings.

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## User Manual

Model: 4600

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# Neoprene Dumbbell Set

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## Safety Information

**Please ensure you read and fully understand instructions before use**

While every attempt is made to ensure the highest degree of protection in all equipment, we cannot guarantee freedom from injury. The user assumes all risk of injury due to use. All merchandise is sold on this condition, which no representative of the company can waive or change.

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- This product is not a toy, and is only to be used for its designated purpose.
  - Never carry out any alterations or modifications to this product.
  - This product is intended for indoor use only.
  - The product should only be used by adults.
  - Test the weight of the dumbbells before lifting. If you are not able to lift it comfortably, then refrain from use to avoid injury.
  - Ensure children and pets are not around whilst assembling the stand, the screws are small and could be swallowed.
  - Ensure you have a strong, tight grip on the dumbbell before lifting.
  - Only store the dumbbells in the order shown in the image on this manual. Do not stack the heavier dumbbells at the top, as this may cause the stand to become top-heavy and fall over.
  - This product is not intended for use by persons with reduced physical, sensory and mental capacities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the product by persons responsible for their safety.
  - Ensure that the dumbbells are clean and free of any substances that may reduce your grip before use, use a towel to dry if necessary.
  - Clean only with a damp cloth. Do not use strong industrial cleaning substances or abrasive materials as these will damage the product.
  - If the product is damaged or has any defects, please contact [cservice@oypla.com](mailto:cservice@oypla.com)
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## What's In The Box?

**Please note that you will be referring to the below parts list during assembly**

If any of the below parts are missing or damaged, please contact our dedicated team at [cservice@oypla.com](mailto:cservice@oypla.com).

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Part	Quantity
Stand Side	2
Stand Connector	3
Screw	6
1kg Dumbbell	2
2kg Dumbbell	2
3kg Dumbbell	2

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## Assembly Instructions

**Please refer to the below information to help assemble your Oypla product**

If you require assistance with the assembly of your Oypla product, please contact our dedicated team at [cservice@oypla.com](mailto:cservice@oypla.com).

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1. Firstly, insert the three stand connectors into one side of one of the stand sides, and secure them in place with three of the screws provided.
2. Then, attach the other side of the stand to the connectors using the other three screws provided.
3. Once the stand is complete, the dumbbells can be stored on it. Remember to store them in order of 1-2-3kg from top to bottom to prevent any chance of the stand becoming top-heavy.

That's it, now your dumbbell set is good to go!

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## Have a Question About Your Purchase?

Our dedicated customer services team are happy to help. Contact them via:

Telephone: 020 3600 22 55

Email: [cservice@oypla.com](mailto:cservice@oypla.com)

Live Chat: [www.oypla.com](http://www.oypla.com)

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## Consider the Environment!

By recycling the cardboard box in which this product was packed, you contribute towards helping the environment. If you see a recycling logo such as the below on the packaging, it can be recycled. If a recycling logo is not present, please check with your local authority before recycling.



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**PLEASE RETAIN A COPY OF THESE INSTRUCTIONS FOR FUTURE CONSULTATION**

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Imported by Oypla.com LLP, Uxbridge, UB8 2FX

**User Manual**

Model Code: 4600

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