



# Aerobic Stepper

# Safety Instructions

**Notice: Ensure you read and fully understand instructions before use**

While every attempt is made to ensure the highest degree of protection in all equipment, we cannot guarantee freedom from injury. The user assumes all risk of injury due to use. All merchandise is sold on this condition, which no representative of the company can waive or change.

- Make sure all fastenings are tightly in place and that everything is in order before using the product. This should be checked periodically by an adult.
- Unpacking, installing and fixing the parts are to be completed by an adult.
- **Never exceed the maximum load capacity of 130kg, or it may result in product failure and/or personal injury.**
- If at any time during activity you feel faint, dizzy or experience pain, stop and consult your physician or doctor.
- This product is not a toy, and is only to be used for its designated purpose.
- Clean only with a damp cloth. Do not use strong industrial cleaning substances.
- Keep fingers, loose clothing, and hair away when changing the height.
- This product is not intended for use by persons (including children) with reduced physical, sensory and mental capacities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the product by persons responsible for their safety.
- Only use this product on stable, level and dry ground.
- Consult your physician before starting this or any exercise program.
- If the product is damaged or has any defects, please contact [cservice@oypla.com](mailto:cservice@oypla.com)

**Please retain a copy of all instructions for future consultation.**



**An Official Oypla Branded Product**

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USER MANUAL Model No: 3834