

OYPLA™

HOME

THANK YOU FOR YOUR ORDER



# Kneeling Orthopaedic Chair

# Safety Instructions

**Notice: Ensure you read and fully understand instructions before use**

While every attempt is made to ensure the highest degree of protection in all equipment, we cannot guarantee freedom from injury. The user assumes all risk of injury due to use. All merchandise is sold on this condition, which no representative of the company can waive or change.

- This product is not a toy, and is only to be used for its designated purpose.
- Never carry out any alterations or modifications to this product.
- This product is intended for indoor use only.
- This product contains small parts that could be a choking hazard if swallowed. Keep these items away from children.
- If at any time during the activity you feel faint, dizzy, experience pain, stop and consults your physician or doctor.
- Only use the product on flat stable ground.
- Before using the product, make sure all fastenings are tightly in place and that everything is in order, and checked periodically.
- Ensure that the wheels are not loose and do not move whilst the kneeling chair is in use.
- Pinch points can cause personal injury.
- Do not discard any of the packaging until you have checked that you have all of the parts and fittings required.
- Clean only with a damp cloth. Do not use strong industrial cleaning substances or abrasive materials as these will damage the product.
- If the product is damaged or has any defects, please contact [cservice@oypla.com](mailto:cservice@oypla.com)

**DO NOT EXCEED THE 80KG WEIGHT LIMIT**

# Assembly Instructions

## Parts List:

If you are missing any of the below parts please contact [cservice@oypla.com](mailto:cservice@oypla.com)

Please be aware that you will be referring to this parts list throughout the assembly process.

Upper Cushion Support



1pcs

Lower Cushion Support



1pcs

Lower Cushion



1pcs

Upper Cushion



1pcs

Large Double Screw Rod



2pcs

Large Hex Screw



4pcs

Small Double Screw Rod



1pcs

Small Hex Screw



4pcs

Wheel



4pcs

Alan Key



1pcs

Support Pole



1pcs



1. Slide the upper cushion support into the open section of the lower cushion support, ensuring that the lower holes in the upper cushion support align with the top holes in the lower cushion support. Please see the image on the top left. After this, remove the ends from and push a large double screw rod through each of the holes, ensuring it goes all the way through. See the image to the top right.



2. Once the upper cushion support is being held up by the lower cushion support, place the support pole into the circular hole found on the lower cushion support and secure it into place using a large double screw rod. Please see the image to the left.

3. Feed a small double screw rod through the top of the support pole and upper cushion support. Apply some weight to the upper cushion support to check. Please see the image to the top right.





4. Place the upper cushion onto the upper cushion support, making sure that the holes both parts align (please see the image to the top left). Once done, secure the upper cushion correctly into place by using small hex screws in each of the holes. Make sure these are tightened correctly to avoid the upper cushion becoming loose. Please see the image to the top right.



4. Place the lower cushion onto the lower cushion support, making sure that the holes both parts align (please see the image to the top left). Once done, secure the lower cushion correctly into place by using large hex screws in each of the holes. Make sure these are tightened correctly to avoid the lower cushion becoming loose. Please see the image to the top right.



5. Push the wheels into the bottom of the circular tubes on the lower sections of the upper cushion support and the lower cushion support. Make sure that the wheels pop into place, this indicates that the kneeling chair is safe to use. Please see the image to the left.



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## HAVE A QUESTION ABOUT YOUR PURCHASE?

Our dedicated customer services team are happy to help. Contact them via:

Telephone: 020 3600 22 55  
Email: [cservice@oypla.com](mailto:cservice@oypla.com)  
Live Chat: [WWW.OYPLA.COM](http://WWW.OYPLA.COM)

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## CONSIDER THE ENVIRONMENT!

In the United Kingdom, approximately 5 billion corrugated boxes are used per year, amounting to around 83 per person! By recycling the cardboard box in which this product was packed, you contribute to the preservation and sustainability of the environment.

If you see a recycling logo on the packaging of your product, such as the below examples, that piece of packaging is recyclable. If there is not a recycling logo, please check with your local authorities before recycling.



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PLEASE RETAIN A COPY OF THESE INSTRUCTIONS FOR FUTURE CONSULTATION

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**USER MANUAL Model No: 3319**